# Food Policy and Regional Food Systems: Opportunities for Networking

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# Regionalism: a food systems framework

> Based on assumption that regions are different

> Responds to regional characteristics and needs

> Encourages regional approaches and solutions

## Local and regional

- Local food attributes and merits (direct, "short chains", small scale, emphasis on consumers and community)
- Local and regional: value in distinguishing them (new ERS publication...)
- > Regional is:
  - > Larger geographically: could be within a state or multi-state
  - Larger functionally: food needs and volume, variety, supply chains, markets, land use, policy

### A regional food and farming system

- A regional food system operates at various scales and geographies to supply some significant portion of the food needs of its population.
- Economic and social return to all stakeholders
- > Minimizes imports
- Local is part of regional; necessary but not sufficient
- > Regional is more than scaled-up or scaled-out local
- ➤ May include seafood
- ➤ May include non-food products

# Thinking regionally

➤ What is the optimal size, scale and/or location to address a specific problem or for a particular activity?

➤ What is—and should be—the role of regions in feeding ourselves?

What contributions can "thinking regionally" make toward a more sustainable and resilient food and farming system?

#### Regions...

- Can be defined by:
  - ➤ Political or administrative boundaries (e.g., Dane County, "Tri-state", EPA Region 1)
  - ➢ Bio-regions (e.g., Chesapeake Bay, Hudson Valley) → "foodshed"
  - Culture (e.g., the Big Apple, Silicon Valley)
- > Are fluid, nested and interactive
  - ➤ E.g., Cape Cod → New England → Northeast
  - ➤ Inter-regional trade (oranges for apples)
- ➤ Bridge the rural-urban divide → inextricably related

# Models for working regionally

- Formal compacts, commissions and authorities
- > Intergovernmental bodies
- Memoranda of Agreement/Understanding
- > Regulatory harmony and reciprocity (within and across states)
- Regional networks and initiatives
- Coordinated multi-state planning

# Challenges to working regionally

- Parochialism and loyalty
- **Complexity**
- Policy and political disincentives
- Priorities and mandates
- ➤ Distance, logistics

# Opportunities for working regionally

- > Hubs and chains
- Coordinated services (e.g., inspection, Extension)
- Food Policy Councils: multi-community and multi-state planning and advocacy networks
- Targeted problem solving and joint action
- **→** Branding
- Education and best practices
- **→** Solidarity
- Funders thinking regionally (e.g., New England Food Policy Project)

#### Resources

- ► It Takes a Region... Exploring a Regional Food Systems Approach
  - ➤ Kathryn Ruhf and Kate Clancy at <u>www.nesawg.org/resources</u>
- ► Is Local Enough? Some Arguments for Regional Food Systems
  - ➤ Kate Clancy and Kathryn Ruhf in Choices, the Magazine of Food, Farm and Resource Issues (google for URL)
- > Are We Being Served? A Regional Framework for U.S. Farm and Food Policy
  - Kathryn Ruhf at <u>www.nesawg.org/our\_work</u>.
- ➤ New England Food Policy: Building a Sustainable Food System
  - >American Farmland Trust, Conservation Law Foundation and NESAWG (google for URL)
- ➤ Kathy Ruhf <u>kzruhf@Verizon.net</u>

Thank you!