

SUICIDE AWARENESS/ MENTAL HEALTH



> REGISTER HERE

WEDNESDAY, MAY 31, 10 A.M. TO NOON

Do you want to improve your personal and community resilience?

In this session, CHW Strength will reveal powerful strategies to help you bounce back from diverse situations and challenges with ease. You will gain valuable insights into suicide prevention resources, community resiliency, and wellness toolkits.

Learn about the importance of suicide awareness and mental health!

COURSE OBJECTIVES

- Define community resilience
- Use suicide prevention resources
- Create a wellness toolkit

This training will be presented by CHW Strength's Stephanie Toney.

