

NOVEMBER 9, 2023 11:30 A.M. - 1 P.M.



https://bit.ly/44VrImf



## About

It's vital for community health workers (CHWs) to prioritize their health and safety while carrying out their work in the community.

This session teaches strategies to safeguard well-being, recognize potential hazards, and manage risks. Facilitated by expert mentors and fellow CHWs, the program emphasizes self-care, stress management, and best practices to ensure a safe working environment.

## **Share Your Story**



Include real-life CHW experiences in our presentations by submitting your case study! bit.ly/44NBs1S

This training is supported by the Centers for Disease Control and Prevention (CDC), together with the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of awards totaling \$4,339,895 and \$3,000,000, respectively, with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC, HRSA, HHS, or the U.S. Government. For more information, please visit CDC.gov and HRSA.gov.







